

2009 - 2010
High Point Parks & Recreation Department
ADULT BASKETBALL RULES
(336) 883-3480



Dates of Importance

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| October 28 | Organizational Meeting – 7:00 p.m. at High Point Parks and Recreation Administration Office at 136 Northpoint Avenue |
| December 11 | Deadline for registration |
| December 11 | Rosters, Waivers and entry fees (\$450.00) due (136 Northpoint Avenue) |
| December 18 | Schedules may be picked up after 1:00p.m. (136 Northpoint Avenue) |
| Week of Jan. 4th | Season begins |
| January 15 | No additions to rosters after this date |

I. ELIGIBILITY

- A. Open League - Teams may not have players currently playing on another Parks & Recreation sponsored team.
- B. Recreation Division - Less competitive, Recreation teams. Class B. Team may not have players currently playing on another Parks & Recreation team.
- C. Sunday School League - Teams may have players not presently playing with another Parks & Recreation sponsored team. Players must be members of the church or of the Sunday School they represent, and regularly attend that church's religious services. "Regularly attend" suggests attending twice monthly. **** All rosters must have the signature of the church's head official. ****
- D. An ineligible player in any league will result in forfeit of all games that player has participated in.

II. ROSTERS

Every player must be on the roster and may play with that team only. A player whose name is listed on more than one roster is considered a valid player on the team with which he/she plays first. All rosters are unlimited. Roster additions, if Sunday School, must have signature of the Church's head official. Written releases are prohibited. All games will be forfeited until a complete roster is turned into the Recreation Department. No additions to roster after deadline (January 15, 2010). No roster additions will be accepted by telephone. Roster additions may be faxed to (336) 883-8524 or emailed to Anthony.Ellison@highpointnc.gov An ineligible player will result in forfeit of all games that player has participated.

You may be asked to show your ID.

Any player who is unable to show picture I.D. at game time during regular season, must do so prior to 5:00 pm the next business day to avoid a team forfeit when player eligibility is in question **during playoffs there is no grace period to present ID. Any player who is unable to present ID during playoff as requested will be ineligible to participate.** Players who have played in a game and not listed on the teams roster is ineligible, even if said player were involved in games before the roster deadline. State department, or military I.D'S are the only form of accepted I.D's. NO Exceptions .

Please Note: ID checks are performed at the discretion of P& R Staff only, not at the request of coaches & players.

ALL ROSTER INFORMATION MUST BE COMPLETE & READABLE

III. CONDUCT (Suspension)

The coach is responsible for his team's and spectators' actions. Any coach, player, manager, trainer, or team that is ejected from a game and/or a facility, as a direct result of undue disturbances before, during, or after a game will receive a minimum Two-Game Suspension. Spectators will be excluded if they are unable to conduct themselves in a manner displaying good sportsmanship. Beer, wine, ale, or drugs are prohibited at Parks & Recreation facilities.

Any Player who leaves his or her team bench or area of play out of frustration, disappointment, or disagreement with teammates, opposing team, or officials will not be allowed to re-enter the game.

IV. PROFANITY RULE

Profanity rule is a means to discourage players, coaches, and managers from saying words that are offensive to others. There are basically two types. The first is profanity directed at the officials or opposing players. This will result in a flagrant technical foul and immediate ejection from the game.

The second type is casual profanity, which is used by players to vent frustration. Example: A player misses a lay-up under his goal by himself. Obviously, he is upset and he lets out his favorite expletive that is heard by an official. The penalty for this type of profanity is one personal foul charged to the player. Second offense by the same player will result in a flagrant technical foul and ejection.

Profanity directed at an official from the bench area will be penalized with a technical foul/and or ejection.

V. PLAYING RULES

The 2009-2010 National High School Federation Basketball Rules will be used with the following exceptions:

- A. The game shall consist of two twenty-minute halves with the clock to stop for time-outs, shooting fouls, and injuries. Clock will be regulation the last two minutes of the game.
- B. **If there is a 20-point lead during the last 2 minutes of the second half, the game clock will remain a running clock.**
- C. **In case of a tie at the end of the second half, a 2-minute overtime period with a regulation clock will be used. If the game is still tied a second 1-minute overtime period with a regulation clock will be used. If game is still tied at the end of the second overtime period, a winner will be determined by sudden death, with first team to score declared the winner.**
- D. **Each team will be awarded 4 time outs per game. (2 full & 2– twenty second timeouts)**
(No additional time outs will be awarded for overtime play)
- E. **Each player will be allotted 6 individual fouls before fouling out.**
- F. **One – One will start with the 7th team foul.**
- C. Game time is forfeit time. Games may not start before scheduled time. Referee's watch is official. **There will be a five-minute grace period for 6:00pm games only. This will be deducted from playing time, with the team that is present and ready to play awarded 1 point for every minute beyond game time if grace period is allotted. The game official must acknowledge the official score keeper when to place time on the clock to start the grace period. (Players must be dressed and on the floor ready to play at game time. No exceptions!!!)**
- D. In case of a tie in the standings, the Regular Season Champion will be determined: 1st - on won/loss basis, 2nd - head to head total points allowed/scored, 3rd - season total points allowed/scored, 4th - coin toss.
- E. Recreation Department reserves the right to reschedule games--schedule may not be changed otherwise.
- F. Three (3) forfeits by any one team during regular season will result in that team's suspension for the remainder of the season.
- G. In the event of inclement weather, listen to WMFR-AM, WMAG-FM radio, visit our website at www.high-point.net/cancel.cfm (before 4:30pm), or call our information number (883-1106) for game cancellations.

VI. EQUIPMENT

- A. **Shirts with numbers are required. No street shoes allowed on the gym floor. All Shirt tails must be tucked in during play.**
- B. The official ball shall be any top-grade regulation basketball, furnished by the Recreation Department.

VII. PROTESTS

Protests on official's judgment, rules, and misinterpretation of rules will not be accepted. Protest allowed on ineligible players; however, protest must be submitted in writing to Recreation office by the end of the next working day (Monday-Friday, 8:30a.m.-5:00p.m.). All others are void and invalid.

VIII. OFFICIALS

Will be provided by High Point Basketball Officials Association.

IX. LEAGUE

- A. Set up according to number of teams - discretion of the Recreation Department.
- B. League may be changed to one game per week if required.
- C. Days of play will be determined by the Recreation Department.

X. AWARDS

- A. Regular season champions will receive a team trophy
- B. Tournament Champions will receive a team trophy and 15 individual trophies. Tournament Runner-up will receive a team trophy.

XI. PLAYOFFS

All teams that have participated in regular season play in good faith will be eligible for a single elimination tournament. Tournament games will begin at the conclusion of the regular season.