

# Midday Social Group



Washington Terrace Park  
101 Gordon Street, High Point, NC 27260  
(336) 883-8599 • [www.high-point.net/pr](http://www.high-point.net/pr)  
High Point Parks & Recreation Department

Tuesdays  
11:30am - 1:00pm



Come out on your free mornings to enjoy a cup of coffee, conversation, information, news and more. We will feature workshops on yard care, home security, neighborhood safety, cooking tips, social security issues, diets and more.  
Join us prior to 11:30am for a brisk walk in the park!

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