

# Caregivers, Are You Stressed?

Roy B. Culler, Jr.  
Senior Center

600 N. Hamilton Street  
High Point, NC 27262

(336) 883-3584

[www.high-point.net/pr/srctr.cfm](http://www.high-point.net/pr/srctr.cfm)  
High Point Parks & Recreation

Session will be lead by:

Debbie Dalton



Monday, March 22, 2010  
2:00pm

This is an educational program, “My Brother’s Keeper” geared towards the baby boomer generation that deals with caregiver stress and options.

Program is free.

Please signup at the front desk



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