

## CPR, First Aid & Safety



Roy B. Culler, Jr. Senior Center  
600 N. Hamilton Street, High Point, NC 27262  
(336) 883-3584 • [www.high-point.net/pr/srctr.cfm](http://www.high-point.net/pr/srctr.cfm)  
High Point Parks & Recreation

CPR - September 21, 22, October 19, 20, 2010  
First Aid & Safety - September 28, 29, October 26, 27, 2010  
9:30am - 11:00am

\$10.00 for Seniors, \$35.00 for non-Seniors

A course in CPR and First Aid training will be conducted by an American Red Cross Instructor. You will be trained and follow the appropriate steps to help save a life. You will learn how to look for signs and respond to different situations such as victims suffering from heart attacks, cardiac arrest, stroke, and choking. As well as dealing with injuries, allergic reactions and seizures.

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