

# Boomer Health Concerns



Roy B. Culler, Jr. Senior Center  
600 N. Hamilton Street, High Point, NC 27262  
(336) 883-3584 • [www.high-point.net/pr/srcctr.cfm](http://www.high-point.net/pr/srcctr.cfm)  
High Point Parks & Recreation



Wednesdays  
February 3, 10, 17, 24, 2010  
3:30pm

This program is targeting boomers and their health concerns:

1. Heart Attack - silent, symptoms and the difference between the genders, treatment and medications.
2. Stroke - difference between hypertension and high blood pressure, along with symptoms, gender variance, treatment, medication and altering lifestyle.
3. Diabetes - symptoms, affect on body organs, difference between hypo and hyperglycemia and diabetic foot and other skin problems.

Instructor: Beverly Marrow. Program is free, pre-registration is required.

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