

# Adult Women's Basketball

Allen Jay Recreation Center  
1073 E. Springfield Road, High Point, NC 27263  
(336) 883-3509 • [www.highpointnc.gov/pr](http://www.highpointnc.gov/pr)  
High Point Parks & Recreation

OPEN  
GYM

Thursdays  
7:30pm - 9:00p.m.  
\$2.00 per person/per day



Calling all ladies 18 and up! Have you ever wished there was a basketball open gym for you?  
Your wish has been granted.  
This will be a fun, no pressure way to have fun and get that all important exercise we all need.

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High Point Parks &  
Recreation, NC



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